Warrington Swimming and Water Polo Club Asthma Inhaler use for swimmers

Guidance on the use of Asthma Inhalers/relievers during club sessions.

Please ensure that your child brings their inhaler to any session if it is required.

Please adhere to the following recommendations:

- 1. Please place the inhaler /spacer in a clear plastic bag, (freezer type). Label the bag and/or inhaler clearly with the child's name.
- 2. Ensure your child is competent to self- administer. If not please make arrangements with the teacher/ coach to be on hand if needed.
- 3. Ensure that you have informed the club during registration on Loveadmin of your child's condition.
- 4. Ensure that any changes to your child's health or medical condition are noted on their Loveadmin profile
- 5. The swimmer should keep their bagged inhaler next to their swim kit bag on poolside for the duration of their session. This should help everyone to take their inhaler with them at the end of the session.
- 6. It is the parents/swimmer's responsibility to ensure they bring their inhaler as necessary, as the club does not carry any spare devices. The club may exclude a child from a session if they come without an inhaler, when one might be needed.