

Academy Boys Inter-Regional Competition

The logo for Swim Northwest, featuring the text "swimnorthwest" in a sans-serif font. "swim" is in blue, "northwest" is in red, and there are blue wavy lines underneath the text.

A 1995 and under Swim North West select team will compete in the ASA Inter-Regional competition which is being held at Walsall on the 19th and 20th June.

The Swim North West training and trials are on the following dates:

- Saturday 8th May, 12.00pm– 3.00pm @ Manchester Aquatic Centre
- Saturday 15th May, 12.00pm – 3.00pm @ Liverpool Aquatic Centre
- Sunday 6th June, 4.30 – 7.30pm @ Salt Ayre, Lancaster
- Sunday 13th June, 4.30 – 7.30pm @ Salt Ayre, Lancaster

Each session will have a Development Coach attending and an Advanced Coach (ACO).

Each session will cost £5 per player and players need to register at each session 30 minutes before the sessions starts.

All players need to bring shorts and t-shirts for land warm up / gym session.

Swim North West have already won the Junior and Youth age group, now its time for you to try and be the best in the country!!

If you are interested please register your interest to WALSHC660@aol.com